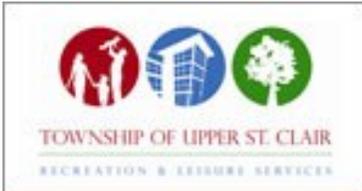




Upper St. Clair Organizations



[The Community & Recreation Center at Boyce Mayview Park](#)

kerman@twpusc.org

- Interested students must fill out an application form (**available at the C&RC**) and will be contacted when volunteer opportunities are available.



[The Miracle League of Southwestern Pennsylvania](#)

- The Miracle League uses Youth and Adult Volunteers. Our Youth Volunteers must be from 12 to 17 years old. Our Adult Volunteers are 18 years old and older. Except for our Manager, Game Coordinator, and Team Parent positions, all volunteer positions are available to our Youth Volunteers.
- Ages are based on the Volunteer's age as of May 1st.



Volunteering with Animals



Animal Friends

412-847-7053

Volunteers with Animal Friends MUST:

- **AnimalFriends.** Be at least 13 years of age to volunteer. Any volunteer under the age of 18 must be accompanied by a parent or guardian to attend the orientation. Parents and/or guardians must also become volunteers and may need to attend animal handling classes with the underage volunteer. *Volunteers must be 16 to socialize cats or rabbits, or 18 to socialize dogs, without a parent or guardian.*
- Be able to read and write in English and take directions from staff, or be accompanied by someone who is.

Getting Started

- The first step in becoming an Animal Friends volunteer is to attend a Getting Started orientation at the shelter. To attend a session, please complete an online volunteer application. Once you submit, you will receive an email with the dates and times of when we have orientations coming up, as well as the phone number to call to hold your spot in one of the sessions. Each person attending the orientation should fill out his or her own application.



**Humane
Animal
Rescue**

Care they need. Love they deserve.

The Animal Rescue League & Western Pennsylvania Humane Society

412-354-7300

- Volunteers must be able to read, write and work independently. Volunteers must be over 18 years of age. Volunteering is a privilege and the shelter reserves the right to refuse anyone from doing so.
- Animal Rescue League is looking for volunteers that can be pre-scheduled for one ongoing, regular, two hour shift during the week. The minimum requirement for active volunteers is eight hours a month, for a term of six months.



Distribution Centers

GLOBAL LINKS [Global Links](#)
412-361-3424
Sharing Surplus. Saving Lives.

- Volunteers sort and pack more than 95% of the medical supplies Global Links donates to resource-poor communities. Some volunteers check equipment, prepare wheelchairs, or work on administrative tasks. You can volunteer from home, or in the community.

 [World Vision](#)
412-749-1800

Depending on the site, tasks may include:

- Sorting donated items
- Stocking shelves and facilitating product distributions
- Assisting with special events
- Assembling various kits



Food Banks & Homeless Shelters



East End Community Thrift
412-361-6010

- Thrifty is always looking for volunteers! Contact Shirley or Dolly at 412-361-6010.
- After hours and on Saturdays, you can reach Shawna Hammond at shawnapgh@aol.com or by calling 412-721-6811.



EAST END COOPERATIVE MINISTRY **East End Cooperative Ministries**
412-345-7124

- East End Cooperative Ministry could not operate without the help of volunteers in every service and program we provide.



Greater Pittsburgh community food bank **Greater Pittsburgh Community Food Bank**
412-460-3663 ext. 301

- Over 13,000 volunteers help the Food Bank carry out its mission each year. The time you give helps the Food Bank provide more meals to more people in our region and builds a strong, hunger-fighting community!
- You can help with a variety of projects including: pre-scheduled activities; repack center; Produce to People; special events; clerical and administrative tasks; short-notice opportunities; gleaning; special projects; last minute fill-ins.



Jubilee Soup Kitchen

412-261-5417

- All who are interested in volunteering should call a month or two before the time you would like to volunteer to reserve a day. Call Paulette or Paul between 9:30 a.m. to 12:30 p.m. Monday through Friday.
- Single volunteers on weekdays must call ahead to reserve a day. On the weekends single volunteers are welcome and need not call ahead.
- Volunteering Opportunities:
 - Kitchen volunteers are needed 365 days a year from 9:30 a.m.-1:00 p.m. Most volunteers help for the entire time, but there is flexibility. They will: prepare some of the food; serve the noon-day hot meal; help staff in cleaning up and washing dishes.



Northside Common Ministries

412-323-1163

- Serve a Meal at Pleasant Valley Men's Shelter
- Volunteer at Northside Community Food Pantry
- Coordinate a Collection Day!



Pittsburgh AIDS Taskforce Food Pantry

412-345-0561

- PATF is in need of volunteers in our food pantry. Tasks include assisting clients, bagging groceries, and stocking shelves. Generally, volunteers are needed from noon to 4 p.m. on Sundays, Mondays, Tuesdays, and Fridays and on Wednesdays from 3 to 7 p.m. Requested time commitment is six hours per month. Volunteer should be detail oriented and organized, able to lift food items, and a "people person".



South Hills Interfaith Movement (SHIM)

412-854-9120

- Contact Rebecca Maletto-Cornell, SHIM volunteer manager, at bcornell@shimcares.org or 412-854-9120 ext. 106 to learn how you can volunteer at the Food Pantry. You'll help: sort and process food donations; stock pantry shelves; assist families in SHIM's shop-through pantry.

Volunteer Opportunities



Medical Settings



Allegheny
Health Network

[AHN West Penn Hospital](#)

412-578-5313

- There are a host of volunteer opportunities at West Penn Hospital. Some volunteer positions are patient-related, while other positions have no patient contact. Regardless of the volunteer position, all volunteers enhance the patient experience at West Penn Hospital and are valued members of our team.
- To learn more about volunteer programs or to schedule an interview, please call the Volunteer Services Department at 412.578.5313. You may also contact us by completing and sending the online [Volunteer Application Form](https://www.ahn.org/volunteer-application) (<https://www.ahn.org/volunteer-application>)



Children's
Hospital of Pittsburgh | of
UPMC

[Children's Hospital of Pittsburgh](#)

412-692-5185

- Teens are invited to participate in a rewarding and worthwhile volunteer experience from June through August every year.
- Teens that are accepted into the program are placed in a variety of areas throughout the hospital ranging from direct interaction with patients and families in playrooms, to supporting waiting room areas, to assisting with escorting patients within the inpatient setting. Teen volunteers are supervised by Children's staff members.

Allegheny Health Network



Jefferson
Hospital

[AHN Jefferson Hospital](#)

412-469-5885

- Whether they are escorting a patient to a physical therapy session or offering a smile and a word of encouragement to a visiting family member, volunteers make a valuable contribution to the health care team at Jefferson Hospital. Their skills and energies complement the services provided to patients and visitors.
- An ambitious group of adults as well as students (at least 16 years of age) from area middle and high schools comprise our army of volunteers. Adults and teens annually donate more than 100,000 hours of their time and talents to Jefferson Hospital.



Magee-Womens Hospital

of University of Pittsburgh Medical Center

Magee Women's Hospital

412-641-4185

- The Junior Volunteer Program at Magee is a summer program for youths.
- Junior volunteers are between 14 and 17 years of age as of June 15 and commit to 20 hours of volunteer time over the summer.
- The program provides young people with exposure to careers in the healthcare field. All junior volunteers complete an application and parental permission form, participate in an interview, attend orientation, and receive a health screening.



St. Clair Hospital

St. Clair Hospital

412-942-2085

- Junior volunteers are required to be a least 14 years of age. Representing 14 area school districts, many student volunteers are interested in pursuing a career in health care. St. Clair Hospital supports these goals and provides students with a number of unique opportunities, including the invitation to observe a surgical heart procedure and the chance to work in the Hospital's Emergency Department during their senior year. Volunteers are required to purchase a uniform.
- Volunteer opportunities include: courier; gift shop/gift cart/café attendant; surgical center receptionist; patient escort; supportive visitors; surgical family waiting room attendant; welcome center/



VA Medical Center

412-822-3096

VA Pittsburgh Healthcare System

Volunteers provide many important functions and help make our patients' stay more enjoyable. Volunteers can perform a number of services, and a volunteer's talents are closely matched with one of our many assignments. Please contact David DiFuccia, Program Leader, Voluntary Services at the number above.

General volunteer assignments include: nursing; library; escort; pharmacy; medical media; food and nutrition; recreation; ceramics; speech and audiology; chaplain; radiology; office assistant; ambassador volunteers; Alzheimer's program.



Museums

CARNEGIE SCIENCE CENTER ONE OF THE FOUR CARNEGIE MUSEUMS OF PITTSBURGH [Carnegie Science Center](#) 412-237-1621

- If you're between the ages of 14-18, volunteer with the Carnegie Science Center for resume-boosting experiences in an environment like no other
- Upon acceptance into the program, all teens under 18 must go through a background check with our company. The cost is free for teens under 18. All teens over 18 must provide and pay for background checks and clearances.
- All teens must submit a Teen Volunteer Application packet and Reference Form before they will be considered for a position.

children's museum PITTSBURGH [Children's Museum of Pittsburgh](#) 412-322-5058

- In this year-round program, high school teens help with community events, work with visitors in the Museum and participate in job readiness workshops that help them learn valuable academic, job and life skills.



Nursing Homes



[Asbury Heights](#)

412-571-5150

- Many school districts and religious organizations require volunteer service. Join our Teen Volunteer Program, and help brighten the lives of the many residents who make Asbury their home.
- On average, our volunteers contribute a total of 19,000 hours of service by assisting with mass mailings, filing, making friendly visits with residents, helping with resident activities and more.



[Baptist Homes](#)

412-572-8254

- **Here's a great opportunity to give back**, get involved and have fun. Baptist Homes is always looking for priceless volunteers who help us in any number of our operational areas.



Outdoor Work

GREATER PITTSBURGH
**community
food bank**
A member of Feeding America™



Food Farm & Gleaning: Pittsburgh Food Bank

412-460-3663

- The Food Bank partners with local farmers to provide fresh, local produce to families in need. Farmers often find themselves with surplus or unmarketable produce. Our Food Bank staff recruits, trains and supervises volunteers who glean, or harvest, that surplus produce.
- Gleaning volunteers get a chance to experience working farms in Southwestern PA, while partnering with farmers to help families in their own community. Gleaned produce is picked up at the farm, taken back to the Food Bank then distributed to a member agency or families at a Produce to People distribution

The Details:

- Gleans take place weekdays and weekends – June through December
- Maximum 3-hour commitment
- The Food Bank provides training, tools, water and snacks – all you need is transportation to the farm!
- Ages 7 years old and above are welcome with a guardian!
- Gleans are *not* pre-scheduled – we alert you when a farm is ready

Western Pennsylvania
Conservancy



water, land, life.

Western Pennsylvania Conservancy

412-228-2777

- There are many opportunities for individuals and companies to support the
 - Help Plant Trees with TreeVitalize
 - Become a Watershed Conservation Volunteer
 - Office Work for Land Conservation
 - Care for Our 130 Community Gardens
 - Volunteer as a Land Steward
 - Assist with Photo Cataloging
 - Volunteer at Fallingwater
 - Volunteer as a Photographer



Outreach Services



Central Blood Bank
412-209-7648

- Unless accompanied by an adult, you must be 15 years of age to volunteer at area blood drives.
- Central Blood Bank has 25 community donor centers and fixed sites and more than 200 community mobile blood drives each month. **Our greatest need is for volunteers at our mobile blood drives.**
- After a donor completes the donation process, a Donor Appreciation Representative observes the donor in our canteen area to ensure they are feeling okay. The Donor Appreciation Representative also serves refreshments, educates donors on the need for blood and is available to answer questions.
- Most importantly, our Donor Appreciation Representative thanks the donor for helping local patients in need of transfusions. This is the final part of our donation process, and the final opportunity to ensure that our donors have a positive experience, which makes this volunteer opportunity extremely important.
- If you volunteer to work at mobile blood drives, you will receive a call one to two weeks prior to the blood drive with a list of dates, times and locations of drives needing a volunteer. You may work at one or several sites each week. When you sign up for a particular drive, you will be mailed directions and a confirmed date and time.



Goodwill of Southwestern Pennsylvania
412-632-1931

- Goodwill partners with corporations and individuals in our communities to help volunteers meet their goals! At our stores, volunteers can help accept donations, sort items and work to keep the sales floor neat and organized.
- *We're looking for the following volunteers:*
 - Independent volunteers and those performing service projects or related community service
 - High school and college students interested in completing hours for a school project
 - Staff at local companies who are looking to complete a group volunteer project

NCJ  PGH

National Council of Jewish Women

PITTSBURGH

[National Council of Jewish Women Pittsburgh Section](#)

412-421-6118

- Volunteer with NCJW Pittsburgh! Whether you have a few hours to give or want to be involved in an ongoing project, we have a place for you to make an impact!